Registration Form

Date						
Patient's Name	e:					
Mailing Addre	ess:					
Č	(Street)	(City)	(State)	(Zip)		
Age:	Birthday:		Phone: ()			
E-Mail						
Social Security	y#		Driver's License (if you plan on usi	e#		
(if you plan on	n using insuranc	ce)	(if you plan on usi	ng insurance)		
Referred By:						
Occupation:			Employer :			
Work Phone:()					
Married:	Single:	Divorced:	Widowed:	No. children:		
Contact in case	e of emergency	:	Relationship	Phone: ())	
If under 18 wh	no is responsible	e for payment?				
Method of pay	yment: Ca	ash/Check	Personal Injury	Insurance		
	We	orker's Comp				
PAYMENT IS	S EXPECTED A	AT TIME OF VISIT	-			
Name of perso	on responsible fo	or account:				
PATIENT. TI TREATMENT COLLECTION PLEASE NOT	HESE POLICIE Γ. THIS OFFIC NS FROM THE ΓΙFY US IN AC	ES ARE USUALLY CE WILL PREPARE E INSURANCE COI OVANCE. IT SHOU	LICIES ARE AN ARR. DESIGNED TO OFFS E ANY NECESSARY I MPANY TO THE PAT JLD BE UNDERSTOO TO IS PERSONALLY	SET A LARGE POR REPORTS AND FOI FIENT. IF SPECIAL DD THAT ALL SER	TION OF THE T RMS TO ASSIS CIRCUMSTAN EVICES FURNIS	TOTAL COST. OF T IN MAKING NCES EXIST
			DED TO ANY UNPA HOUR NOTICE THER			
Datient Signatu	ura:					

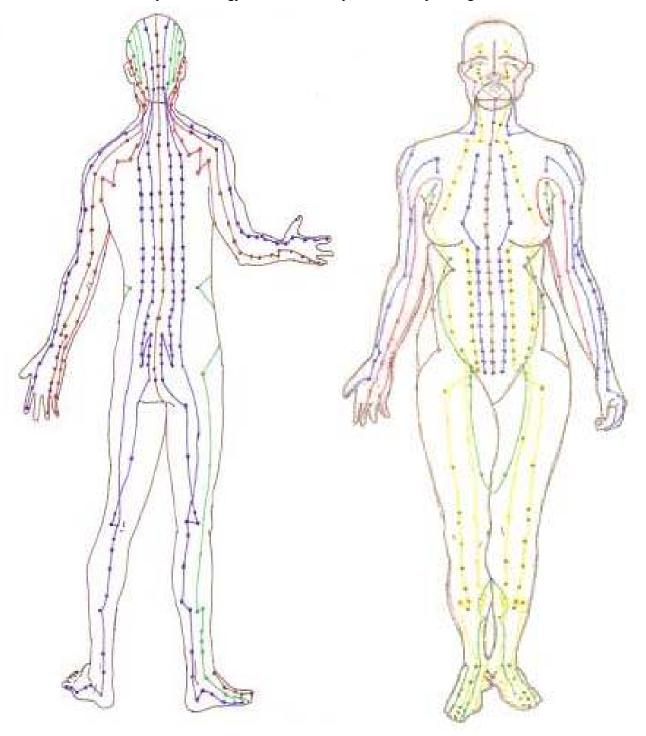
CONFIDENTIAL CASE HISTORY

Chief complain	ts due to:	Physical illn	ness	Emotional il	llness _	Injury	Auto accident
Lifestyle	Chemical	exposure	_Work re	elated injury	Preg	gnancy or	childbirth
Other							
List symptoms	briefly in orde	er of importan	ce:				
1							Since
2							Since
3							Since
4							Since
5							Since
6							Since
What makes yo	our symptoms	better/worse:					
What makes it l	better?						
What makes it v	worse?						
What time of da	ay are the syn	nptoms worse	?				
Moming	Afternoon	nEvening	Du	iring the nigh	ntS	ymptom(s) is/are constant
Are you curren	tly being treat	ed for your co	ondition(s) by anothe	r doctor	or doctor(s) Yes No
]	Doctor's nam	e		Type of do	ctor		Approx. date started care
1							
_							
Please check he							
	-	meopathA		-	Dentist	Nutrit	ionist
Physical the	erapist (Osteopath	Medic	al doctor			

• You may print the form in black and white or color

Using the symbols given below, circle or mark the areas of your body where you feel the described **pain or sensations of any kind**. <u>Included all affected areas</u>.

For the purposes of this form we know that the front is a picture of a woman and the back is a picture of a man.. Think of this as gender neutral. If you are a man and the pain is in the chest, mark the chest area. Don't be concerned with the lines. They show energy flows in the body, this will help during the consultation.



Holistic Health Solutions HEALTH ASSESSMENT

Circle any of the following Antacids Antibiotic/Antifungal Antidepressants Antidiabetic/Insulin Aspirin/Tylenol Other List Vitamins and non-dru List vitamins, minerals, herbs Circle if you eat, drink, or Alcohol Candy Carbonated Beverage Cigarettes	Chemotherapy Cortisone Anti-Inflamm Diuretics Heart Medications High Blood Pressure g supplements you an , homeopathics, etc. cur	re taking: rently taken, incl	Laxa Lithiu Oral Radia luding Lunc Marg Refir	um Contraceptive ation	Relaxants/Sleeping Pills Recreational Drugs Specify Thyroid Ulcer Medications rbal laxatives, etc Non-Herbal Teas Chew Tobacco Vitamins & Minerals Specify	These questic evaluate ener stress so that therapy or nu be given, they show the preabsence of di	rgetic supportive strition can y do not sence nor sease.
Coffee Approximately how much was Circle if you: Diet often	Exercise Less than 3 tin		Are e	— exposed to chemicals at	Artificial Sweetner		
What is your blood type?	Type A	Type B		Type ABTyp	pe 0Not Sure		
Directions: Key: 0 = Never	Please read each de symptoms within the 1 = Mild (Occurs once a month or	he past year.	2 =	on the number, which Moderate s several times monthly)	s best describes the free 3 = Severe (Aware of it almost con		ır
Category 1 Section A: Stomach 1. Bad Breath, halitosis 2. Loss of taste for high prote 3. Burning (acid) or nervous 9 4. Gas shortly after eating	ein foods (meat, etc.) stomach, eating relieves	0 1 2 0 1 2 0 1 2	2 3	28. Bowel movements laxatives used	stinal Stress (Conti painful or difficult, constip anus	pation, and/or	
5. Indigestion 1/2 to 1 hour after eating, may last 3-4 hours					0 1 2 3 0 1 2 3 0 1 2 3 0 1 2 3		
Section B: Liver, Gal 8. Lower bowel gas and or leating	ploating several hours af	0 1 2	2 3		r meals and/or heart pound		0 1 2 3
 "Whites" of eyes (sclera) Dry skin, itchy feet and / Brown spots or bronzing Bitter metallic taste in m Blurred vision Headache over eyes Feel nauseous, queasy o Color of stools light brow Greasy or high fat foods Pain between shoulder b Dark circles under eyes. "Acid"breath	yellow	0 1 2 0 1 2	2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3	38. Hungry between r 39. Overeating sweets 40. Eat when nervous 41. Irritable before m 42. Get "shaky" or ligh 43. Fatigue, eating re 44. Heart palpitates if 45. Awaken a few hou	of Sugar Stress offee in afternoon or mid-n meals or excessive appetite s upsets eals nt-headed if meals delays lieves meals missed or delayed. urs after sleep, hard to get	back to	0 1 2 3 0 1 2 3
Section C: Intestinal 24. Coated tongue or "fuzzy" 25. Pass large amounts of for 26. Irritable bowel or mucou 27. Constipation, diarrhea alt soft to watery	Stress debris on tongue ul smelling gass colitiss rolls alternating or stools alternating or st	0 1 2 0 1 2	2 3 2 3 2 3	47. Vulnerability to insmosquitoes	nin Deficiency Ifter moderate exercise Ifter moderate exercise Ifter moderate exercise If the control of t	and or legsal	0 1 2 3 0 1 2 3 0 1 2 3 0 1 2 3

Category 4: Category 5 **Section: A Pituitary Hormone Stress** Section A: Mineral depletion 103. Frequent skin rashes and/or hives 52. Sex drive increased...... 0 1 2 3 104. Muscle-leg-toe cramping at rest and/or while sleeping 105. Fever easily raised/fevers common 54. Memory failing 0 1 2 3 55. Tolerance for sugar reduced 0 1 2 3 106. Crave chocolate 0 1 2 3 107. Feet have bad odor Section: B Pituitary Hormone Fatigue Stress 109. Difficulty swallowing 0 1 2 3 110. Joint stiffness after rising 0 1 2 3 56. Sex drive reduced or absent 0 1 2 3 111. Vomiting frequent 0 1 2 3 57. Abnormal thirst 0 1 2 3 58. Weight gain around hips or waist 0 1 2 3 59. Tendency to ulcers or colitis 0 1 2 3 60. Increased ability to eat sugar without symptoms 0 1 2 3 61. Menstrual disorders (women) 0 1 2 3 117. Cuts heal slowly and/or scar easily 0 1 2 3 62. Lack of menstruation (young girls)...... 0 1 2 3 118. Reduced or "lost" sense of taste and/or smell....... 0 1 2 3 119. Susceptible to colds, fevers, and/or infections...... 0 1 2 3 120. Strong light irritates eyes...... 0 1 2 3 Section: C Thyroid Stress1 122. Burning sensations in mouth...... 0 1 2 3 63. Difficulty gaining weight, even if large appetite 0 1 2 3 123. Numbness in hands and feet (extremities "go to sleep") 0 1 2 3 64. Heart palpitations 0 1 2 3 124. Intolerant to monosodium glutamate (MSG...... YES NO 65. Nervous, emotional, and/or can't work under pressure...... 0 1 2 3 125. Cannot recall dreams...... 0 1 2 3 66. Insomnia 0 1 2 67. Inward trembling...... 0 1 2 68. Night sweats 0 1 2 128. Muscle cramps, worse with exercise ("charley horses")... 0 1 2 3 71. Easily flushed 0 1 2 3 Category 6 Cardio Vascular Stress Section: D Thyroid Fatigue Stress 72. Difficulty losing weight 0 1 2 3 73. Reduced initiative and/or mental sluggishness 0 1 2 3 74. Easily fatigued, sleepy during the day 0 1 2 3 75. Sensitive to cold, poor circulation (cold hands and feet).... 0 1 2 3 134. Dull pain in chest and/or pain radiating into left arm, 76. Dry or scaly skin 0 1 2 3 worse on exertion 78. Hearing impaired 0 1 2 3 79. Constipation 0 1 2 3 80. Excessive falling hair and/or course hair...... 0 1 2 3 81. Headaches when awaken/wear off during day 0 1 2 3 Category 7 Female Only **Female Hormone Stress** Section: E Adrenal Stress 136. Painful menses (cramping, etc.) 0 1 2 3 137. Menstruation excessive or prolonged 0 1 2 3 82. Blood pressure increased 0 1 2 3 138. Painful/tender breasts 0 1 2 3 83. Headaches 0 1 2 3 139. Menstruate too frequently 0 1 2 3 84. Hot flashes 0 1 2 3 140. Acne, worse at menses...... 0 1 2 3 85. Hair growth on face or body (women)...... 0 1 2 3 86. Masculine tendencies (women) 0 1 2 3 142. Vaginal discharge 0 1 2 3 Section: F Adrenal Fatique Stress 146. Depression 87. Blood pressure low 0 1 2 3 88. Crave salt 0 1 2 3 89. Chronic fatigue/get drowsy 0 1 2 3 Category 8 Men Only 90. Afternoon vawning 0 1 2 3 Male Hormone Stress 91. Weakness/dizziness 0 1 2 3 92. Weakness after colds/slow recovery 0 1 2 3 147. Prostate trouble 0 1 2 3 93. Circulation poor 0 1 2 3 148. Urination difficult or dribbling...... 0 1 2 3 94. Muscular and nervous exhaustion 0 1 2 3 95. Subject to colds, asthma, bronchitis (respiratory disorders)...... 0 1 2 3

96. Allergies and/or hives 0 1 2 3

97. Difficulty maintaining manipulative correction...... 0 1 2 3

98. Arthritic tendencies 0 1 2 3

99. Nails weak, ridged 0 1 2 3

102. Afternoon headaches 0 1 2 3

151. Feeling of incomplete bowel evacuation 0 1 2 3

153. Tire easily/avoid activity 0 1 2 3

154. Reduced sex drive 0 1 2 3

155. Depression 0 1 2 3

MENTAL STRESS

Have you ever been to	a psychologi	st?Yes	No		
For what purpose?					
1				_Date	
2				_Date	
Have you ever been to	a psychiatris	t? Yes No			
In the past		Currently			
Type of treatment rend Talking only Brain surgery		igs prescribed	Hypnosis	Electric shock	
DENTAL SURVEY	Y				
Tooth decay:	_Mild	Moderate	Severe	None	
Gum disease:	_Mild	Moderate	Severe	None	
Do you have silver/men	rcury fillings	?Yes	No	Uncertain	
How many root canals	have you had	d?			
Last dental visit		_ What was done	??		
Ever had braces or other	er dental appl	liance? If yes, pl	ease describe:		
Drugs					
I have used rec Heavily	reational dru	gs in the past:	Rarely	Occasionally]	Frequently
Recreational drugs used	d in the past:	Mariju	ana/Hashish	Barbiturates (downers)
Sleeping pills	Sp	peed0	Cocaine	LSD	
Other:					

CHEMICAL EXPOSURE

What is your current occupation?
List all chemicals you currently come in contact with:
How often are you required to work with the above mentioned substances? Rarely Occasionally Frequently Daily
Chemical exposure in the past: Pesticides Automotive Solvents Poisons Accidental
Other
Briefly describe, include length of exposure:
ALLERGIES
Food allergies. Describe:
Drug allergies. Describe:
Pollens Dust Cat hair Dog hair Grasses
Other:
SURGERIES Check any surgeries/operations you have had and the approximate date:
Tonsillectomy Appendectomy Gall bladder removed Heart surgery
Orthopedic surgery Metal implants. Describe:
Cosmetic surgery Describe:
Complete hysterectomy (Uterus/Both ovaries) Uterus only Uterus and one ovary
Spinal surgeries 1 Date
2Date

Date

HOSPITALIZATIONS

List all hospitalizations and appro	eximate dates (no need to in-	clude surgeries listed al	bove):	
1	2			
3				
5.				
PAST MEDICAL HISTOR	Y			
Please list all health problems you diagnosed diseases, high fevers on not known, briefly describe the sy back of page if needed.	recurring infections and th	e approximate dates. I	f the name of th	e disease is
Prenatal/Birth (if known):				
Newborn:				
Childhood:				
Adolescence:				
Adult:				
Have you ever been diagnosed wi Mono/Epstein Barr virus Herpes: oral genital Canker sores Scarlet fever Rheumatic fever	th any of the following? Inc Date: Date: Date: Date: Date: Date:	clude the approximate of	late of first occi	urrence.
Bladder infections Kidney infections Hepatitis (liver inflamma Which type? Hepatitis A	Date: Date: tion)	Hepatitis C	Other	Not sure

ACCIDENT HISTORY Include date and brief description. Broken bones: Motor vehicles: Head trauma: Other injuries: IMMUNIZATION RECORD Usual childhood immunizations Partial immunization Never been immunized Immunizations for overseas travel List the type of vaccines and approximate number of times:

FOR FEMALES ONLY

BIRTH CONTROL:				
I.U. D.	Currently use	Used in the past from Used in the past from	to	
Birth control pills	Currently use	Used in the past from	to	
Other:	pc			
MENSTRUAL CYCLE Regular periods Las Irregular periods. S	st period Since: Des	scribe:		
MENSTRUAL SYMPTNormal flow	OMS: Cra Light flow	amps Back pain Factoring Back pain For So	Breast soreness metimes hemorrhage	
Are the symptoms: Other difficulties (mo	Mild ood swings, food cra	Moderate Severe vings, etc.):		
Did you have any difficu	Births:Births:	Miscarriages; cy?	_Abortions:	
Did you have any difficu	ulties during labor an	d delivery? Please describe:		
VAGINAL DISCHARG Chronic Have Not sure		currently a problem) Ye	ast/Candida Bacterial	
What treatment was give	en?			_Not sure
FIBROUS CYSTS: Breasts Uter	us Ovaries	Other		
Please describe:				
SEXUALLY TRANSM	ITTED DISEASES ((Include date diagnosed)		
Chlamydia Date:	Trich	amonas Date:	Gonorrhea Date: _	
Syphilis Date:	Geni	tal herpes Date:	Oral herpes Date:	
Genital warts Date:		Other:		_
Not sure Neve	r had			

MALE ONLY

URINARY TRACT:		
Urination slow to start	Stream too small	Dribbling
Frequent night urination	Bladder pain after ur	ination
Pain or pressure after sexual relations	Burning	_ Discharge
SEX DRIVE:		
ExcessiveDiminished	Absent Normal	
Overly tired and exhausted Impot	tency	
DO YOU HAVE ANY OF THE FOLLOWING:		
Testicle pain Hernia	_ No difficulties at all	
Other:		
SEXUALLY TRANSMITTED DISEASES: (Included)	de approximate date diagnosec	1)
Non-specific urethritis Date:	Chlamydia Date	
Trichamonas Date:	Gonorrhea Date:	
Syphilis Date:	Genital warts Date:	· · · · · · · · · · · · · · · · · · ·
Genital herpes Date:	Oral herpes Date:	
Other:		
Not sure Never had		